

School Dinners

Monday

MAINS
 Macaroni Cheese
 or
 Tomato Pasta Bake (V)
 Garlic Bread
 Salad Bar
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Fresh Fruit Platter
 or
 Organic Yeo Valley Yoghurt

Tuesday

MAINS
 Fishwich
 Fish Fillet in a Crispy Crumb served
 With Lettuce and Mayo in a Bun
 Edgy Wedges
 or
 Spicy Beanburger in a Bun (V)
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Lemon Drizzle Cake
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

Wednesday

MAINS
 Local Butcher's Roast Chicken
 Served with a Yorkshire Pudding & Gravy
 or
 Golden Vegetable Loaf (V)
 Roast Potatoes
 Fresh Carrots
 Broccoli Florets
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans

Winter Berry Jelly & Cream
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

Thursday

MAINS
 Homemade Beef Keema Curry
 or
 Vegetarian Lasagne (V)
 Wholegrain White Rice
 Salad Bar
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Warm Chocolate Brownie & Ice Cream
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

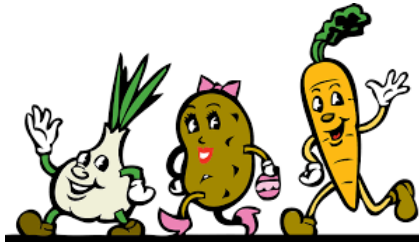
Friday

MAINS
 Oven Baked Chicken Breast Chunk
 or
 Quorn Dippers (V)
 Chips, Baked Beans, Garden Peas
 Salad Bar
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Homemade Apple Eves Pudding
 and Custard
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

School Dinners

Monday

MAINS
 All Day Breakfast
 or
 All Day Vegetarian Breakfast (V)
 Slice of Bread
 Baked Beans, Button Mushrooms
 Baked Tomato
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Pancakes with Banana Slices
 & Maple Syrup
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

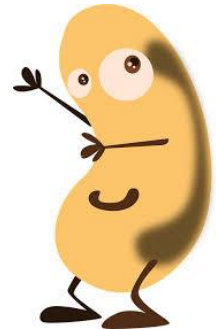


Tuesday

MAINS
 Homemade Traditional Chicken Pie
 or
 Homemade Cheese & Tomato Quiche (V)
 Mashed Potatoes
 Sweetcorn, Garden Peas
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Artichoke Roll
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

Wednesday

MAINS
 Local Butcher's Roast Gammon
 Yorkshire Pudding & Gravy
 or
 Sage & Onion Topped Quorn Fillets(V)
 Roast Potatoes
 Roasted Veg
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Fresh Fruit Platter
 or
 Organic Yeo Valley Yoghurt



Thursday

MAINS
 Pasta Bolognese Bake
 or
 Quorn Mince Bolognese Bake(V)
 Garlic Bread
 Salad Bar
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Ginger Bread Sponge & Vanilla Sauce
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

Friday

MAINS
 Oven Baked Young's Omega 3 Fish
 Fingers
 or
 Vegetable Nuggets(V)
 Chips, Baked Beans, Garden Peas
 Salad Bar
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Homemade Cookie with a Glass of Ice
 cold Milk
 or
 Organic Yeo Valley Yoghurt
 or
 Selection of Fresh Fruit

School Dinners

Monday

MAINS

Pizza Day
Cheese & Tomato (V)
 or
Ham & Pineapple
 Or
Pepperoni
Sweetcorn
Salad Bar
Jacket Potato with
Cheese or Tuna or Baked Beans
Peaches & Ice Cream
 or
Organic Yeo Valley Yoghurt
 or
Selection of Fresh Fruit



Tuesday

MAINS

Homemade Lemon Crumbed Chicken
Breast Fillet
Homemade Lemon Crumbed Quorn
Fillet(V)
Creamy Garlic Mash, Broccoli Florets
Peas
Jacket Potato with
Cheese or Tuna or Baked Beans
Fruity Crumble Square & Custard
 or
Organic Yeo Valley Yoghurt
 or
Selection of Fresh Fruit

Wednesday

MAINS

Local Butcher's Roast Pork
Served with a Yorkshire Pudding and Gravy
Roasted Vegetable Parcel(V)
Roast Potatoes, Fresh Carrots
Roasted Parsnips
 or
Jacket Potato with
Cheese or Tuna or Baked Beans
Winter Berry Jelly & Cream
 or
Fresh Fruit Platter
 or
Organic Yeo Valley Yoghurt



Thursday

MAINS

Minced Beef Burrito
(Mild Mexican Beef mince in a wrap)
 or
Vegetarian Burrito (V)
Jewelled Wholegrain rice
Salad Bar
Jacket Potato with
Cheese or Tuna or Baked Beans
Homemade Marbled Sponge &
Chocolate Sauce
 or
Organic Yeo Valley Yoghurt
 or
Selection of Fresh Fruit

Friday

MAINS

Local Butcher's Chipolata Sausages
Lind McCartney Sausages (V)
Chips, Baked Beans, Garden Peas
Salad Bar
Jacket Potato with
Cheese or Tuna or Baked Beans
Homemade Cranberry & Coconut
Snowballs
 or
Organic Yeo Valley Yoghurt
 or
Selection of Fresh Fruit

Week 3