



Lunch Time Menu Week 1



Monday

MAINS

- Chicken Breast Chunks
- or
- Quorn Dippers (V)
- Herby Diced Potatoes
- Baked Beans
- or
- Jacket Potato with
Cheese or Tuna or Baked Beans
- Frozen Yoghurt
- or
- Grab & Go Bag;
Cheese & Cucumber Roll
Yoghurt, Fruit & Drink



Tuesday

MAINS

- Pork Meatballs in Tomato Sauce
- or
- Linda McCartney Sausages in Tomato Sauce(V)
- Brown & White Rice
- Green Beans
- or
- Jacket Potato with
Cheese or Tuna or Baked Beans
- Fresh Melon, Strawberry & Grape Pots
- or
- Grab & Go Bag;
Tuna Crunch Wrap
Yoghurt, Fruit & Drink

Wednesday

MAINS

- Roast Gammon Steak & Pineapple
Served with a Yorkshire Pudding & Gravy
- or
- Topsy Turvy Tomato Tart (V)
- Roasted New Potatoes
- Carrots & Peas
- or
- Jacket Potato with
Cheese or Tuna or Baked Beans
- Frozen 100% Fruit Ice Lolly
- or
- Grab & Go Bag;
Chicken Mayo sandwich
Yoghurt, Fruit & Drink



Thursday

MAINS

- Spaghetti Bolognese
- or
- Quorn Mince Bolognese (V)
- Garlic Bread
- or
- Jacket Potato with
Cheese or Tuna or Baked Beans
- Smiley Ginger Biscuit
- or
- Grab & Go Bag;
Ham Roll, Yoghurt, Fruit & Drink



Friday

MAINS

- Jumbo Fish Finger
- or
- Omelette(V)
- Chips, Garden Peas
- or
- Jacket Potato with
Cheese or Tuna or Baked Beans
- Banana and Chocolate Cake
- or
- Grab & Go Bag;
Crispy Fish Sticks & Mayo Wrap
Yoghurt, Fruit & Drink



Also available daily – Salad Bar, Fresh Wholemeal Bread, Fresh Fruit, Organic Yeo Yoghurt, Fresh Milk and Water

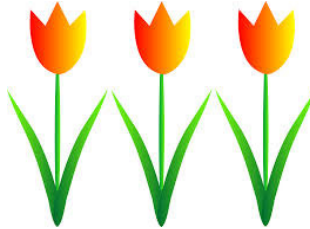


Lunch Time Menu Week 2



Monday

MAINS
 Tuna and Sweetcorn Pasta bake
 or
 Smoky Tomato & Cheddar Bake (V)
 Garlic Bread
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Melon Boats
 or
 Grab & Go Bag;
 Cheese & Cucumber Roll
 Yoghurt, Fruit & Drink



Tuesday

MAINS
 Local Butcher's Beef Burger in a Bun
 or
 Vegetable Burger in a Bun(V)
 Dry Baked Tiger Wedges
 American Coleslaw
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Victoria Sponge
 or
 Grab & Go Bag;
 Tuna Crunch Wrap
 Yoghurt, Fruit & Drink

Wednesday

MAINS
 Roast Turkey Breast with Sage & Onion Stuffing
 or
 Roast Vegetable Turnover (V)
 Roast Potatoes
 Cabbage & Carrots
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Frozen Fruit Smoothie
 or
 Grab & Go Bag;
 Chicken Mayo sandwich
 Yoghurt, Fruit & Drink



Thursday

MAINS
 Chicken Tikka & Rice
 Naan Bread
 or
 Macaroni Cheese (V)
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Angel Delight Topped with Fresh
 Strawberries
 or
 Grab & Go Bag;
 Ham Roll, Yoghurt, Fruit & Drink



Friday

MAINS
 Gluten Free Bubble Fish
 or
 Frittata (V)
 Chips, Baked Beans or Garden Peas
 or
 Jacket Potato with
 Cheese or Tuna or Baked Beans
 Chunky Flapjack
 or
 Grab & Go Bag;
 Crispy Fish Sticks & Mayo Wrap
 Yoghurt, Fruit & Drink



Also available daily – Salad Bar, Fresh Wholemeal Bread, Fresh Fruit, Organic Yeo Yoghurt, Fresh Milk and Water



Lunch Time Menu Week 3



Monday

MAINS

Pasta with Tomato & Pepperoni Sauce
Or
Cheese Sauce(V)
Home-made Focaccia Bread
Sweetcorn
or
Jacket Potato with
Cheese or Tuna or Baked Beans
Fresh Fruit Platter
or
Grab & Go Bag;
Cheese & Cucumber Roll
Yoghurt, Fruit & Drink



Tuesday

MAINS

Buffet Day
Take Away Picnic Bag
Wholemeal roll,
Choice of Ham, Chicken, Cheese or Tuna
Carrot-Cucumber Sticks
Fruit, Cookie
Drink

Please note; No Jacket Potatoes
Or
Grab & Go Bag

Wednesday

MAINS

Sausage Toad
Linda McCartney Sausages(V)
Baby New Potatoes
Broccoli, Carrots
or
Jacket Potato with
Cheese or Tuna or Baked Beans
Ice Cream Tub
or
Grab & Go Bag;
Chicken Mayo sandwich
Yoghurt, Fruit & Drink



Thursday

MAINS

Chicken BBQ
Cauliflower Macaroni Cheese (V)
Brown & White Boiled Rice
or
Jacket Potato with
Cheese or Tuna or Baked Beans
Chocolate Muffin
or
Grab & Go Bag;
Ham Roll, Yoghurt, Fruit & Drink



Friday

MAINS

Crispy Fish Sticks
Vegetable Nuggets(V)
Chips, Baked Beans or Garden Peas
or
Jacket Potato with
Cheese or Tuna or Baked Beans
Toffee Krispy Bar
or
Grab & Go Bag;
Crispy Fish Sticks & Mayo Wrap
Yoghurt, Fruit & Drink



Also available daily – Salad Bar, Fresh Wholemeal Bread, Fresh Fruit, Organic Yeo Yoghurt, Fresh Milk and Water