

St. Michael's CE (VA) Junior



School Newsletter by Mrs Rumsey

Friday, 11th January 2019

Year 6 Win Athletics Competition!

Some of our children in Year 6 attended the Sportshall Level 2 Indoor Athletics Competition on Tuesday afternoon at Melbourne Park and finished first out of all the schools participating – well done! We had a very noisy and excited minibus ride home afterwards!



Athletics Report

On Tuesday, 8th January, 18 boys and girls went to Melbourne Sports Centre to compete in an Athletics Competition. It was an

exciting and challenging experience. There were two teams that came joint second on 180 points and amazingly, we got 240 points! We are looking forward to going back to play in the finals on 22nd January. Many thanks to Mr. Sturton for arranging it and taking us and for Mrs. Rumsey for driving us. Report written by Rohan and Kai in 6D.



	First	Second	Third
Year 3 Top Speed	Jessica V	Alessandro E	Jack T
Year 3 Correct Answers	Alessandro E	Tommy W	Isaac M
Year 4 Top Speed	Oliver W	Harry L	Kimberly W
Year 4 Correct Answers	Harry L	Trinity N	Jack H
Year 5 Top Speed	James E	Callum D	Olivia Mendham
Year 5 Correct Answers	Jett S	Isabella D	Ethan R
Year 6 Top Speed	Oliver L	Yousef E	Lola L
Year 6 Correct Answers	Yousef E	Oliver L	Lola L

Parent Consultation Evenings-Learning Reviews

Our consultation evenings for this term will be held on **Wednesday, 27th and Thursday, 28th February 2019** starting at 3:40 pm and finishing at 7:00 pm. This meeting will involve your child so that they are part of the learning review. You will have an opportunity to look at your child's books and find out the progress they have made towards their end of year target of making age related standard or above. A letter will be sent nearer the time.

SPORTS KIT

Pupils in our school have regular weekly PE lessons in order to meet the requirements of the National PE Curriculum and to enhance their physical and emotional wellbeing. St. Michael's is committed to delivering high quality PE and we take every opportunity to enter local and district competitions.

We would like to take this opportunity to remind parents/carers of the kit that their children must have in school every day and general PE safety guidance:-

- *For safety and hygiene reasons, children change clothing for all PE and games lessons. We ask that pupils are provided with black/navy shorts (not cycling shorts) and a plain white PE top.*
- *Whilst most PE work in the hall is undertaken in bare feet, children will need a change of footwear for PE lessons taken outside or for games lessons; plimsolls or lightweight trainers are suitable for this purpose. Children will not be able to wear their school shoes even if they resemble trainers.*
- *During cold weather, children must wear a plain sweatshirt/tracksuit in black/navy or dark grey for outdoor PE*
- *Earrings, if worn, must be removed for PE. This is in line with current Health and Safety Guidance. Since children can find it difficult to remove and replace earrings themselves, the best arrangement is for them not to be worn on PE days. It is not permissible for earrings to be covered with Micropore tape.*
- *PE kit is best brought to school in a drawstring PE bag because we do not have space to store large sports bags. Long hair must be tied back.*
- *PE kits should be in school at all times. Please let us know if your child is unable to do PE for any reason.*

If pupils do not have the correct PE kit, the school will hold a small selection of clean, PE kit to lend to children if required. This will be given out and collected in after the lesson to enable it to be laundered for the next day. We will also keep a supply of plimsolls, which will also be washed after each use. There may be instances where a child will not be able to participate due to lack of kit.

Thank you for your support.

Flyer

Please find a flyer below giving information regarding available services provided by the Chelmsford 0-19 team. There are a variety of activities and advice drop-ins taking place this term with the majority being **free of charge**. As always, if you have any worries or concerns about your child and need help finding the right support then please contact Mrs. Cullen directly at school.

New Catering Manager

We are delighted to let you know that we have a new Catering Manager starting with us next Wednesday, Mrs Darvill. Mrs Darvill comes highly recommended and has worked as a Catering Manager previously in another Essex school. She also used to have her own cupcake business and we are very much looking forward to sampling her cakes. Mrs Darvill joins our wonderful kitchen team – Mrs Stagg and Mrs Faure.

Dinner Menu

Next week will be week 3 menu.

Diary Dates

Friday, 15th February 2019 – School closes for the half-term holiday

Monday, 25th February – Staff and children return to school

Wednesday, 27th and Thursday, 28th February @ 3:40 pm – 7:00 pm – Learning Review Meetings/Parent Consultation meetings

Thursday, 4th April @ 10:00 am – Easter service at St. Michael's Church

Friday, 5th April – School closes for the Easter holiday

Tuesday, 23rd April – School reopens for staff and children

Monday, 13th May- Friday, 17th May 2019 – SATs week for children in Year 6 only

Friday, 24th May – Break up for the Whitsun half-term holiday

Monday, 3rd June – Staff and children return to school

Thursday, 18th July @ 10:00 am – Leavers' Service at St. Michael's Church

Friday, 19th July – school closes for the summer holidays

Yours sincerely,



Maria Rumsey
Headteacher

Please pop in and visit us, or give us a call.

We also offer:

- › Parenting strategies and support, to help you manage your child's behaviour.
- › CHAT Health – School Nurse texting service for 11-19 year olds. Text your School Nurse on 07520 615731 for support including emotional health, self-harm, smoking, relationships, healthy eating, alcohol, bullying, drugs and anything else causing concern.
- › Supportive confidential courses for those that have experienced / are experiencing domestic abuse- call 01245 283396 for more information
- › Information and support to help promote emotional wellbeing, including a 12 week Emotional Wellbeing Group- call 01245 283396 for more information
- › Volunteering opportunities. Please let us know if you may be able to support existing services, or set up something new in one of our sites. For more information please contact **Pat Borg (Volunteer Co-ordinator)** Pat.borg@barnardos.org.uk
- › The service offers one-to-one support either in your home, community venue or in one Family Hub/ delivery site. If you need extra support or information, contact us on the number on the front sheet, or drop in.

Follow us on Facebook for daily updates of what's on in your community



Search for "Chelmsford Child and Family Wellbeing Service"

Chelmsford Child and Family Wellbeing Service
**Activities and support for you
and your children across
Chelmsford**
Free for all families

**Chelmsford Central Family Hub
January – March 2019
Timetable**

Get in touch

Chelmsford Central Family Hub,

Main Reception: Old Registrar Office, Market Road, County Hall, Chelmsford, CM1 1QH

Delivery Services: Chelmsford Library within the Children & Young People's area.

t: 01245 283396

Opening Times

Monday to Friday: 8:00am - 6.00pm

MONDAY

Under 1's with Sensory Play 10.00am – 11.30am

A weekly group for parents to form new friendships, learn about child development and babies to explore sensory play

@ Chelmsford Library,
CM1 1QH

Big Hopes, Big Futures 12.30pm – 2.30pm

School readiness programme delivered by Homestart for children aged 2 years.

Taster session 14/01/19

8 week course starts 21/01/19

@ Chelmsford Library, CM1 1QH
Call 01245 283396 to book place

Daily at the Hub

- Duty Family Support Worker on site for drop in support around a range of topics
- Duty Health Visitor on site for drop in support for health related enquiries.
- Play Room Drop In aimed at children aged 0 – 5 years old
- Food Bank Vouchers
- Information and guidance
- Community Wardrobe for 0-8's (free clothes)
- Drop in to find out about FREE Childcare entitlement for 2 & 3 Years plus collect your free Bookstart Bag.

Facilities for:

- Self-Weighing for children
- Baby Changing
- Breastfeeding Friendly
- Bottle Warming

TUESDAY

Rhyme Time- Library run session

10.15am- 10.45am

11.15am- 11.45am

(Term Time Only)

Support children's communication skills through singing, interaction and movement.

@ Chelmsford Library,
CM1 1QH

Code Club- Library Run Session

4.15pm – 5.15pm

Learn how to make cool computer games, animations and websites

@ Chelmsford Library,
CM1 1QH

New Parents Group plus Introducing Solids Workshop

1.00pm – 3.00pm

5 Week Course plus 1 week for Introducing Solids Workshop.

Starting 26/02/19

A great chance to meet other new parents. Covering topics on; play, interaction, safety, teething, childhood illness, introducing first foods, label reading & more.

@ Chelmsford Family Hub
Call 01245 283396 to book your space.

WEDNESDAY

Families in Focus Information and advice clinic 1st Wednesday of the month

9.30am – 12.00pm

Families with children who have disabilities or additional needs can book an appointment for support around educational issues, EHC Plans, DLA applications, SEN support & exclusions.

Call 01245 283396 to book appointment

Baby Rhyme Time- Library run session

3.00pm – 3.30pm

Weekly

Rhyme time and story session for new babies (under 1), parents and of course grandparents.

@Chelmsford Library, CM1 1QH

Monthly Sleep Clinic – For 0-19 year olds

For ages 0-5 - 4th Wednesday of the month

For ages 5-19- 3rd Wednesday of the month

Appointment only - afternoons

Appointments available to discuss concerns around your child's sleep and to offer advice, support and guidance around any sleep issues.

@ Chelmsford Family Hub
Call 01245 283396 to book appointment

THURSDAY

Rhyme Time- Library run session

10.15am- 10.45am

11.15am- 11.45am

(Term Time Only)

Support children's communication skills through singing, interaction and movement.

@ Chelmsford Library,
CM1 1QH

Work Club – Library run session

10.30am – 12.30pm

Help with CV's, Search and apply online for jobs and guidance for using universal job match

Report to Library Reception

Arts & Crafts

12.30pm – 1.30pm

Weekly drop-in session for 0-5's and their parents/carers to do arts and crafts activities.

@ Chelmsford Library

Services on offer to book:

First Aid Workshops

Run regularly

Call 01245 283396 to enquire and book a space

Baby Massage Workshops/ Courses

Baby massage workshops and courses on offer to support with colic, digestion and soothing baby
Call 01245 283396 to enquire and book a space

FRIDAY

Coming Soon "Time to Talk"

10.00am – 11.30am

Speech & language support for children aged 2-3 years.

For more information please call 01245 283396

"Preparing for Baby" -2 week Workshop

2.15pm – 4.15pm

A 2 week workshop for expectant parents to gain support and information around preparing for baby's arrival, as well as practical skills!

Refreshments provided
@ Chelmsford Family Hub Main Reception
Call 01245 283396 to book your space