

PE – Long Term Plan 2020/2021

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
3	Class Teacher	Active Athletics	Stone Age Dance Yoga	Groovy Gymnastics	Gym Fit Circuits	Mighty Movers	Cool Core
	LE	Net Games	Cricket/Rounders	Fitness	Invasion Games (Football/ Netball)	Athletics	Invasion Games (Hockey)
	+			Swimming	Swimming	Swimming	Swimming
4	Class Teacher	Young Olympians	Boot Camp	Step	Boxercise	Circuits	Pilates
	LE	Cricket/Rounders	Net Games	Fitness	Invasion Games (Football/ Netball)	Athletics	Invasion Games (Hockey)
5	Class Teacher	Athletics	Gymnastics	Dynamic Dance	Cool core	Invasion Games	Striking and Fielding
	LE	Net Games	Cricket/Rounders	Fitness	Invasion Games (Football/ Netball)	Athletics	Invasion Games (Hockey)
6	Class Teacher	Athletics	Pilates	Boot Camp	Net Games	Dance	Rounders/Cricket
	LE	Cricket/Rounders	Net Games	Fitness	Invasion Games (Football/ Netball)	Hockey	Invasion Games (Hockey)